

# The Autistic Advocate

Consultant - Trainer - Writer

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**This is a general resources document covering a small number of areas.**

**For further resources please visit: [www.theautisticadvocate.com](http://www.theautisticadvocate.com)**

Any names or organisations listed here are here based solely on the interactions I have had with them and found to be helpful educators in various ways. I am not responsible for their content. Views held by others may not always align with my own and their presence here is not my condonation of those views.

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## SOURCES OF EDUCATION, INFORMATION AND TRAINING:

**The Autistic Advocate - [www.theautisticadvocate.com](http://www.theautisticadvocate.com)**

- ∞ Free resources and information
- ∞ Signposting
- ∞ Financially accessible paid-for training
- ∞ Consultancy

**Aucademy - [www.Aucademy.co.uk](http://www.Aucademy.co.uk)**

- ∞ Free weekly interviews and presentations by Autistic professionals
- ∞ Free support groups
- ∞ Paid for Training
- ∞ Consultancy

**Kristy Forbes - [www.kristyforbes.com.au](http://www.kristyforbes.com.au)**

- ∞ Free resources and information
  - ∞ Paid-for training
  - ∞ Consultancy
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## **Reframing Autism** - [www.reframingautism.org.au](http://www.reframingautism.org.au)

- ∞ Free resources
- ∞ Paid-for Training

## **Thinking Person's Guide to Autism** - [Thinking Person's guide to Autism](#)

- ∞ Free resources

## **Autistic Science Person** - [Autistic Science person](#)

- ∞ Free resources
- ∞ Consultancy

## **Autistic Parents UK** - [Autistic Parents UK](#)

- ∞ Free resources
- ∞ Free monthly live video streams
- ∞ Accessible paid-for webinars
- ∞ Training

## **Meghan Ashburn and That Au-some Book Club**

[Meghan Ashburn](#) and [That Au-some Book Club](#)

- ∞ Free resources
- ∞ Free online book club
- ∞ Free live video streams

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## **BOOKS**

### **Visit:**

<https://theautisticadvocate.com/2020/03/recommended-autism-positive-books/>

and our own BookShop;

<https://uk.bookshop.org/shop/theautisticadvocate>

(sales from BookShop support independent UK bookstores and so if you can buy from here, rather than Amazon, please do!)

## NON-SPEAKING AUTISTICS

Autistic Advocate [Tania Melnyczuk](#) has spent a long time amassing a list of non-Speaking Autistic people. Rather than recreate that list, I would rather credit the hard work Tania has put into compiling it. You can find it here:

<https://twitter.com/ekverstania/status/1095803838462918656>

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## VARIOUS RESOURCES:

**For everyone (Neurodivergent people, Parents, Professionals):**

- ∞ [Thinking Person's guide to Autism](#)
- ∞ [Neuroclastic](#)
- ∞ [Autistic Allies](#)
- ∞ [Ask me, I'm an AAC user](#)
- ∞ [Respectfully Connected](#)

#AskingAutistics

- ∞ [Better ways than ABA](#)
- ∞ [Autistic Parents UK](#)

**Solely for Parents:**

- ∞ [Autism Inclusivity](#)
- ∞ [Parenting Autistic children with love and affection](#)

**Solely for Autistic people:**

- ∞ [Autistics worldwide](#)
- ∞ [Autism Late diagnosis, support and education](#)

#ActuallyAutistic

#AutisticMasking

## **Mental Health directories:**

- ∞ [Association of neurodivergent therapists](#)
- ∞ [Thriving Autistic](#)

## **For Therapists (OT/SLT/SLP):**

- ∞ [Autism level Up!](#)
- ∞ [Therapist Neurodiversity collective](#)
- ∞ [OT's for Neurodiversity](#)
- ∞ [Divergent perspectives](#)
- ∞ [www.dorseyslp.com](http://www.dorseyslp.com)
- ∞ [www.accesscommunication.org.uk](http://www.accesscommunication.org.uk)
- ∞ [Warda Farah](#)
- ∞ [Disrupt OT](#)
- ∞ [BAME OT UK](#)
- ∞ [The Star Institute](#)

## **Black, Brown and Autistic People of Colour:**

- ∞ [Autistic, Typing](#) (who has a far superior list [here](#))
- ∞ [Tee Monet](#)
- ∞ [Fidget and Fries](#)
- ∞ [Ashleigh Mills](#)
- ∞ [Dawn-Joy Leong](#)
- ∞ [Lydia X. Z. Brown](#)
- ∞ [Mi Cerebro Atipico](#)
- ∞ [Angry, Asian, and Autistic](#)
- ∞ [Kayla Smith](#)
- ∞ [Kerima Cevik](#)
- ∞ [MisTÂught](#)
- ∞ [Morénike Giwa-Onaiwu](#)

- ∞ [Mariah Person](#)
- ∞ [Amythest Schaber](#)
- ∞ [Asiatu](#)
- ∞ [Tre Ventour-Griffiths](#)
- ∞ [Jennifer Msumba](#)
- ∞ [Sandra Coral](#)
- ∞ [Kassiane Asasumasu](#)
- ∞ [Tendai Kwari](#)
- ∞ [Sarah Bosibori Bitange](#)
- ∞ [Karen Muriuki](#)
- ∞ [Lovette Jallow](#)
- ∞ [Anita Cameron](#)
- ∞ [Vivian Ly](#)
- ∞ [Oliver Evans](#)
- ∞ [Sumita Majumdar](#)
- ∞ [Priscilla Eyles](#)
- ∞ [Vanessa Bobb](#)
- ∞ [Chiari Chey](#)
- ∞ [Diego Pena](#)
- ∞ [ChrisTiana ObeySumner](#)
- ∞ [Lauren Melissa Ellzey](#)
- ∞ [Jen White-Johnson](#)
- ∞ [Finn Gardiner](#)
- ∞ [The Black Autist](#)

**Hashtags to follow discussions and connect with Black, Brown and Autistic people of Colour:**

#AutisticWhileBlack

#BlackAutisticPride

#BlackAutisticLivesMatter

#AutisticMasking

## Some Autistic affirming researchers (Autistic people and allies)

Dr Damian Milton

Dr Amy Pearson

Dr Monique Botha

Dr Anna Stenning

Dr Ruth Moyse

Dr Georgia Pavlopoulou

Dr Noah Sasson

Dr Kristin Bottema-Beutel

Dr Robert Chapman

Dr Virginia Spielmann

Dr Nick Walker

∞ [GGRAND](#)

∞ [Stirling Autism research team](#)

Dr Eilidh Cage

Dr Rebecca Wood

Dr Chloe Farahar

Dr Catherine Crompton

### Key research themes:

Double Empathy

Monotropism

Stigma

Trauma

Alexithymia

Communication

Victimisation

Relationships

Education

Validating Autistic experiences

## UK Specialists for young people (Education, Mental health, Support, EHCPs – often with content suitable for international audiences):

∞ [Jodie Smitten](#)

∞ [Tanya Adkin](#)

∞ [Gecko Community](#)

∞ [Pandas Online](#)

∞ [SEND support - Through a Neurodivergent lens](#)

∞ [Spectrum Gaming](#)

∞ [The Nurture Programme](#)

## PDA specific resources:

- ∞ [Kristy Forbes](#)
- ∞ [PDA Society](#)

All links were correct at time of publishing this list of resources. If you spot one which no longer works please let us know! You can email Michelle at [michelle@theautisticadvocate.com](mailto:michelle@theautisticadvocate.com)

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### The Inside of Autism

Most Autism training is stereotypical, wrapped up in non-Autistic behaviourally-based perspectives and incredibly deficit focused and ultimately useless. It doesn't have any meaning.

The Inside of Autism strips back those stereotypes, provides insight from multiple Autistic perspectives, is grounded in up-to-date research; and shifts from a centred non-Autistic viewpoint to an Autistic one.



Written and delivered by  
Kieran Rose

Check availability or join waiting list online at:  
[www.theautisticadvocate.com](http://www.theautisticadvocate.com)

