



Key Take-Aways

Stumbling blocks in Floortime at FEDC 5:
Inspiring the expression of ideas and feelings

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Summary: Expand a child's emotional range by modelling different positive and negative emotions in different play scenarios to prompt a reaction from your child that you can help them work through

- Essential to this capacity is the child connecting emotions to ideas
- Cautiously invite your child's participation in a drama by role-playing with various animated voices and emotional expressions
- Entice your child to be more creative and have more complex ideas by adding new elements into play and helping them understand a beginning, middle, and end to dramas that you create together
- Ask for your child's permission when adding a new element in play so they are in charge, and pull back if they are too overwhelmed
- Encourage your child to practice negative emotions in play and experiment with pushing the limits of what is acceptable so they will struggle less with these emotions and boundaries in real life

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Link to this blog: <https://affectautism.com/2016/01/26/stumbling-blocks-5>