



## Key Take-Aways

Stumbling blocks in Floortime at FEDC 4:  
Encouraging Shared Problem Solving

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Summary: Work hard at playfully enticing your child to stay with an interaction using affective interactions matched to your child's sensory profile and motivations

- Steer your playfulness to your child's interests and sensory profile
- Focus on affect rather than words, experimenting with expressions, sounds, movements & gestures that sustain your child's attention
- Use co-regulation with aggression rather than cognitive techniques since aggression stems from losing regulation
- Give your child practice at tolerating frustration by starting with small challenges, co-regulating and empathizing, then gradually present harder challenges *playfully* as they can handle them
- Play fun games that incorporate modulation where you go fast to slow to super slow, and vice versa

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Link to this blog: <https://affectautism.com/2016/01/19/stumbling-blocks-4>

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