



Key Take-Aways

Creative Arts Through Music and Drama

Published online September 18, 2021

Summary: Professional Child Development Associates is one of the largest multi-disciplinary clinics providing DIR/Floortime services including music therapy, adapted music lessons, an adapted children's choir called the NoteAbles, and a Drama Program for youth

- In every music therapy session, the family is always included
- The multi-disciplinary approach allows for consulting together on a treatment team with the overall DIR umbrella to inform each therapist's practice and in music is where you can often see everything come together
- The music therapist figures out how music fits in to the child's overall treatment to engage them with affect and fun which helps identify all ranges of emotion for children
- When you're facilitating a music group, you learn how to incorporate everyone's ideas and create a cohesive group goal by creating shared attention and engagement with something that is motivating and interesting to everyone, then build from there to create shared joyful moments together

Link to this blog: <https://affectautism.com/2021/09/18/arts>