



Key Take-Aways

Virtual Floortime Coaching for Parents

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Summary: Virtual Floortime coaching empowers parents to connect and attune with their children, by providing opportunities for shared joy and connection which helps the whole family

- Virtual Floortime coaching starts with strengths, validating how caregivers already relate with their child naturally and adds the Developmental, Individual differences, Relationship-based lens
- Virtual Floortime coaching helps caregivers feel that what they are doing is purposeful as it helps them help their child make sense of the world and the emotional experiences that don't feel comfortable to the child or the parent
- Each program is individualized to the family, taking into account everyone's *Developmental* capacities, *Individual differences* and how they can support each other through their *Relationship*
- Virtual Floortime coaching provides the support and organizing touchstone for caregivers to share a gain or express concern over an area they're struggling with every week, having that outside eye to share in your experience

Link to this blog: <https://affectautism.com/2022/07/24/coaching>