



Key Take-Aways

Words-Action-Affect (W-A-A) in Floortime

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Summary: Dr. Stanley Greenspan said that combining our words or ideas with our affect (expression of feelings) and actions in DIR/Floortime helps our children use ideas by us creating a situation where feelings or intentions need to be expressed

- Using W-A-A is a way to bring a child in and highlight your own non-verbal affect cues that they can take in and understand
- Slowing down helps you read the subtle cues that a child may be giving that could be missed if we have our own agenda, are moving too quickly, using too much language, or questioning the child
- When you create the regulation and safe space, the child is more likely to want and try to interact with you and try to speak
- Relating is the pivotal foundation for communication so the onus is on us to enter the child's world and meet them where they're at
- There's a whole shared world of fun in following a child's lead that gets a child to the place of initiation

Link to this blog: <https://affectautism.com/2021/06/19/waa>