



Key Take-Aways

Approaching Pre-Academics with Floortime

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Summary: Learning is a multi-sensory experience where we can move from sensory through functional to pretend play in Floortime around our child's interests including pre-academic concepts of numbers, letters, prepositions, opposites, and matching

- Academics begin once we're symbolic, but there's a lot of things we can do beforehand to 'set the stage'
- Our children need to feel safe first, then we can promote their regulation, engagement, ability to maintain a back-and-forth interaction and problem-solve together with us, and their capacity for emotional and logical thinking through Floortime
- Beyond joint attention, cue-reading and pacing are part of the attunement that helps us foster a shared, joyful experience with our child as we follow their interest up the developmental ladder
- We can promote pre-academics with our children when we think of ways to do it so our children want to participate because it means something to them and is enjoyable

Link to this blog: <https://affectautism.com/2021/03/27/pre-academics>