



## Key Take-Aways

Humour Development in Autism

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Summary: Humour is an individual difference that develops in the context of a relationship and promotes social-emotional development

- There are almost no studies on humour transpiring in the context of a shared interaction in autism
- Humour is not pathologizing and an important part of Floortime
- Sub-types of humour that emerge in the context of a relationship are *Affect* (Change of voice, Facial expression), *Repetition* (Silly Songs, Play themes), and *Sequence* (New silly words, Incongruity/Absurdity, Mischievous antics)
- There are many layers of humour and you might feel more comfortable trying out some sub-types over others, but appreciate your child's personality and what they may or may not find funny, which might differ from your own
- Inappropriate humour might mask another more important emotion including being uncomfortable, scared, anxious or restless

Link to this blog: <https://affectautism.com/2021/03/13/humour>