

5 Games to Play with your Child in Floortime

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Summary: Floortime is about sharing joy to get very rich, emotional interactions with each other that foster your child's development

Here are five games you can play in Floortime with your child to foster shared joyful, emotional interactions:

1. Peek-a-boo/Hide-and-Seek involves play around separation anxiety, suspense, anticipation, excitement, and elation as well as turn-taking and can include a sensory element
2. Bubbles or Balloons can involve turn taking, anticipation, frustration (when they pop), opportunity for experiential learning of prepositions (up, down, behind, in front of, over, under, etc.), and practicing patience
3. Tickles or hugs use anticipation to be silly together
4. Chase involves anticipation, excitement, learning vocabulary experientially around movement (fast, slow), or pretend play using characters, stuffed animals, or puppets
5. Run and crash can focus on motor planning, modulation, and stretching out interactions

Link to this blog: <http://affectautism.com/2017/06/20/5-floortime-games>