

It's all about Affect

Published online September 17, 2015

Summary: Children learn and develop within relationships, through emotional interactions with their primary caregivers

- ✓ **Dr. Stanley Greenspan posited** that children with autism have a biology that prevents them from connecting emotion to how they plan and sequence their behaviour and to their ability to formulate ideas, thus it's challenging for them to have affective interactions with us
- ✓ Affective, back-and-forth interactions with primary caregivers are necessary precursors to social development
- ✓ Without consistent affective, reciprocal interactions with us, our children remain stuck having catastrophic emotional reactions, unable to use affect as a signal that can guide intentions
- ✓ Using DIR/Floortime we can help our children's brains wire this connection so our children can acquire the ability to relate, think, and communicate what they feel with us in a regulated way

DIR® and DIR/Floortime® are Registered Trademarks of ICDL, Inc.

Link to this blog: <http://tinyurl.com/zckc4du>