

Circles of communication in Floortime

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Summary: Supporting our child's capacity to engage in a continuous back-and-forth flow of verbal or non-verbal communication with us is essential for them to be able to self-regulate and communicate both their needs and ideas to us

- ✓ **Circles of communication are affective reciprocal exchanges involving both gestural and other non-verbal communication along with verbal communication**
- ✓ **By getting a continuous flow of back-and-forth interactions between you and your child, you are affecting the development of your child's brain circuitry**
- ✓ **Circles of communication are *not* asking a lot of questions, talking too much, not waiting for a response or interrupting your child, repeating everything your child says or does, nor wandering from topic to topic**
- ✓ **If your child hits or screams to get what they want, they are missing out on all of the non-verbal cues that can guide behaviour**

Link to this blog: <http://affectautism.com/2018/07/02/circles-of-communication/>