

10 Floortime Tips From Our Visit with Jake Greenspan at The Floortime Center®

Published online September 6, 2016

Summary: The Greenspan Floortime Approach® offers helpful Floortime steps and strategies for families and practitioners

- ✓ Here are ten of many helpful tips from Jake Greenspan:
 1. Emotional regulation is as or more important than sensory integration
 2. Following your child's lead doesn't mean just following him from one activity to another
 3. The key to Floortime is rhythm
 4. It is important to know when to use comments versus questions
 5. When your child becomes more confident in his responses, he'll initiate more
 6. They are emotion-seeking, not attention-seeking behaviours
 7. Everything needs to be an interaction
 8. To move from object-based play into symbolic play, gradually introduce the abstract
 9. An essential part of Floortime is to expand and challenge
 10. Broaden the tree trunk of your child's Learning Tree by working on the constrictions in the roots

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Link to this blog for elaboration on each point above: <http://tinyurl.com/h52u6pm>