



## Key Take-Aways

**Stumbling blocks in Floortime™ at FEDC 4:  
Helpful strategies for long chains of back-and-forth emotional signalling  
and shared problem-solving**

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**Summary: Work hard at playfully enticing your child to stay with an interaction, even if they get frustrated or bored, using affective interactions matched to your child's sensory profile and motivations**

- ✓ **Steer your playfulness to your child's interests and sensory profile.**
- ✓ **Focus on affect rather than words experimenting with expressions, sounds, movements & gestures that *sustain* your child's attention.**
- ✓ **Aggression is an impulse that results from the emotion of frustration—an impulse that is usually out of cognitive control.**
- ✓ **Give your child practice at tolerating frustration by starting with small challenges and co-regulating and empathizing, then gradually present harder challenges as (s)he can handle them.**
- ✓ **Play fun games that incorporate modulation where you go fast-slow-super slow and vice versa.**

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