

A Developmental Approach to Setting Limits

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Summary: Setting limits with development in mind means being firm with compassion, warmth, empathy and respect

- ✓ Before our children are using emotional signalling to communicate, they are unable to respond appropriately to our direction when misbehaving
- ✓ Being attuned to our children's emotional experience is the key to seeing their behaviour as communication
- ✓ Being in a good relationship with our children is a natural way to promote limit-setting because they trust our wishes
- ✓ Having daily Floortime™ sessions with your child promotes the warmth, empathy, and respect that leads to emotional signalling
- ✓ Re-direct, rather than shut down, inappropriate behaviours into appropriate alternatives tailored to the child's individual profile
- ✓ Be a helpful, empathic guide rather than a dictator

Link to this blog: <http://tinyurl.com/oc7kytw>