

Theory of Mind with Maude Le Roux

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Summary: Theory of mind means your child can negotiate their own emotional state with an adaptive response because they've read your emotional state

- ✓ Theory of mind is more than a cognitive activity of social perspective taking such as recognizing that someone is mad
- ✓ Floortime supports development by extending the uncomfortable moment so your child can focus on that awareness and feeling inside of their body when they have to acknowledge the consequences of their actions
- ✓ Behavioural discipline doesn't have meaning for the child who doesn't emotionally understand what they did inappropriately
- ✓ We're taking that sense of self that the child has accumulated and trying to turn it to what another person is thinking to invite empathy out
- ✓ Use consistency with flexibility rather than responding to your child rigidly the same way each time, thinking about what each experience is really about for your child

Link to this blog: <http://affectautism.com/2018/09/24/theory-of-mind>