

Introduction to Floortime

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Summary: Floortime involves following what motivates our children, then enticing them to participate in a joyful, shared world while tailoring supportive interactions to their unique sensory profile

- ✓ We follow the child's lead to see what motivates them so we can make our interactions be emotionally meaningful to them
- ✓ We assume all behaviour is important and purposeful (which respects the child) and that every child wants to interact with us
- ✓ After we join our child in what they are doing, we want to entice them into a shared interaction with us that is joyful
- ✓ We aim for the motivation to interact to come from the child rather than directing the child's behaviour
- ✓ We present playful challenges in our interactions such as *playful obstruction* to promote thinking, relating, and communicating
- ✓ We tailor our interactions not only to the child's developmental level and individual differences, but also to our own strengths

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Link to this blog: <http://tinyurl.com/grdg9ft>