

The “D” in the DIR® Model: Development

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Summary: We develop through nine key functional emotional developmental capacities within safe, nurturing relationships

- ✓ Here are **Dr. Stanley Greenspan's** proposed first nine functional emotional developmental capacities:
 1. Self-Regulation and Interest in the World
 2. Engaging and Relating
 3. Purposeful Two-Way Communication
 4. Complex Communication and Shared Problem Solving
 5. Using Symbols and Creating Emotional Ideas
 6. Logical Thinking and Building Bridges Between Ideas
 7. Multiple Causes
 8. Gray Area Thinking
 9. Reflective Thinking and an Internal Standard of Self
- ✓ There is no time limit on acquiring the nine capacities
- ✓ Children can have islands of some capacities while challenges remain in the earlier capacities that we continue to support
- ✓ Individual differences in sensory processing impact children's capacities
- ✓ Using DIR/Floortime we can move our children forward in their development

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