

Early Social-Emotional Capacities with Dr. Ira Glovinsky

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Summary: You need to be able to think symbolically and abstractly to learn academics, which only comes with developing the early social-emotional developmental capacities

- ✓ **Emotionality drives so many areas of functioning in child development, yet there is a tremendous emphasis on teaching children cognitive skills**
- ✓ **Emotional dysregulation interferes with being able to process information clearly**
- ✓ **When social-emotional skills that pre-date understanding, comprehension and meaning are not yet developed, children struggle with comprehension and then you'll see behaviours because things are too challenging for them**
- ✓ **What is often labelled as misbehaviour in schools is really a signal from the child that says *"I'm having trouble"* which requires support rather than discipline**
- ✓ **We take in information through all of our senses most of the time, but you have to give that sensory input meaning to learn**

Link to this blog: <http://affectautism.com/2018/04/30/social-emotional-capacities/>