



Key Take-Aways

Autism and Medication with Dr. Joshua Feder

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Summary: The use of medications is a process that changes over time of continued careful trial and error with a trusted professional to ‘bend your trajectory’ toward a better life

- ✓ Dr. Feder sees medications as a tool to support a good plan, not to try to make up for an inadequate a plan, which is DIR thinking
- ✓ We know a lot about medication and side effects, but there is little research about many supplements and other substances
- ✓ Symptoms can wax and wane regardless of medication, so you really need to monitor over time what works
- ✓ Dr. Feder will consider medication if there is a good plan in place but poor progress or when safety is a concern
- ✓ A diagnosis can sometimes create lowered expectations that prevent children from getting experiences that would help them grow and develop

Link to this blog: <http://affectautism.com/2018/04/23/autism-and-medication>