



## Key Take-Aways

### Stumbling blocks in Floortime™ at FEDC 6: Helpful strategies for building bridges between ideas

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**Summary: We can help children begin to make logical connections between ideas by challenging them to wonder about events (why, what, when and how?) and emotions in themselves and others**

- ✓ Move from recognizing different emotions at FEDC 5 to connecting why we feel these emotions, without making judgments.
- ✓ Encourage your child to reflect on why, what, when, and how (s)he wants (to do) something that (s)he is requesting.
- ✓ Instill the spirit of inquiry\* in your child to wonder why things are happening and what you are thinking about that you aren't saying.
- ✓ Practice sequencing time and events by talking about what happened yesterday and discussing what will happen tomorrow.
- ✓ Comment or make statements wondering about emotions and events to an anxious child who feels put on the spot by questions.

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*\* Modified quote from Dr. Gil Tippy*

Link to this blog: <http://tinyurl.com/jk5699f>