



Key Take-Aways

Implement a DIR/Floortime® program for your child: Where is your child developmentally?

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Summary: The quality and strength of our child's progress depends on us targeting what developmental stage (s)he is currently at

- ✓ **Using the DIR/Floortime® checklist to determine where your child is developmentally will help you target your interactions with your child at an appropriate developmental level**
- ✓ **Children with developmental delays can have *some* capacities in many of the stages some of the time; we aim to fill in the gaps**
- ✓ **First a child requires shared attention and regulation which depends on how secure (s)he feels in his/her environment**
- ✓ **If certain sensations are unpleasant for your child, (s)he will find it too difficult to share attention with you because (s)he will be distracted and won't be able to regulate his/her emotions**
- ✓ **You can work on higher developmental levels in the moments when your child is available for shared attention and regulated**

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Link to this blog: <http://tinyurl.com/zmoasrs>