

Introduction to Floortime™

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Summary: Floortime™ involves following what motivates our children, then enticing them to participate in a joyful, shared world while tailoring challenging interactions to their unique sensory profile

- ✓ We follow the child's lead to see what motivates him/her so we can make our interactions be emotionally meaningful to him/her
- ✓ We assume all behaviour is important and purposeful (which respects the child) and that every child wants to interact with us
- ✓ After we join our child in what (s)he is doing, we want to entice him/her into a shared interaction with us that is joyful
- ✓ We aim for the motivation to interact to come from the child rather than directing the child's behaviour
- ✓ We present challenges in our interactions such as playing dumb to promote thinking, relating, and communicating
- ✓ We tailor our interactions not only to the child's unique sensory profile and developmental level, but also to our own strengths

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Link to this blog: <http://tinyurl.com/grdg9ft>