

**Implement a DIR/Floortime® program for your child:
Step 1 is the sensory processing profile**

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Summary: Tailoring a DIR/Floortime® program to your child starts with determining his/her unique sensory processing profile

- ✓ **How we interpret the world through our senses determines our sense of security and how regulated we are in different situations**
- ✓ **In order to help our children developmentally, we need to know what their sensory challenges are**
- ✓ **We want to determine our child's sensitivities to each of the following senses: vestibular (balance), proprioceptive (body awareness), olfactory (smell), visual (sight), auditory (hearing), gustatory (taste), and tactile (touch)**
- ✓ **Your child may have aspects of being hypersensitive (avoidant), hyposensitive (craving), or both to each sense or across senses**
- ✓ **You can use this unique sensory processing profile to modify your child's environment to support these processing tendencies**

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Link to this blog: <http://tinyurl.com/jbteows>