

The “D” in the DIR® Model: Development

Published online September 24, 2015

Summary: We develop through nine key functional emotional developmental capacities within safe, nurturing relationships

- ✓ Here are **Dr. Stanley Greenspan's** proposed first nine functional emotional developmental capacities:
 1. Shared attention and regulation
 2. Engagement and relating
 3. Purposeful emotional interactions
 4. Shared problem-solving
 5. Creating emotional ideas
 6. Emotional and Logical thinking
 7. Multicausal and Triangular thinking
 8. Gray area, emotionally differentiated thinking
 9. Reflection on an Internal standard

- ✓ There is no time limit on acquiring the nine capacities

- ✓ Children can have islands of some capacities while serious deficits remain in lower capacities that require strengthening

- ✓ Individual differences in sensory processing impact children's capacities

- ✓ Using DIR/Floortime® we can move our children up the developmental ladder

DIR® and DIR/Floortime® are Registered Trademarks of ICDL, Inc.

Link to this blog: <http://tinyurl.com/hd7h4c7>