

Using Strategy A.10 “Self-Reflect: Take a reflective stance toward yourself in interactions”

Date: _____ Time: _____

Length of Session: _____

What were my goals for my child in this Floortime session?

- 1.
- 2.
- 3.

What strategies seemed to work best to support these goals?

- 1.
- 2.
- 3.

What did I learn about my child?

What were my goals for myself in this session?

- 1.
- 2.

What did I learn about myself?

Questions for therapeutic team:

** This strategy appears in the book **Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR Model** by Andrea Davis, Lahela Isaacson, & Michelle Harwell and is printed here with permission from Dr. Andrea Davis at <http://www.greenhousetherapycenter.com/>*